

# XI MEDIA MARATON NOCTURNA CIUDAD DE PONFERRADA (21 LUNAS... Y MEDIA), PONFERRADA 21/07/2018

MEDIA MARATÓN (MAYORES DE 18 AÑOS). Distancia: 21.097 m

CLASIFICACIÓN GENERAL MASCULINA Y FEMENINA

## MASCULINO

PtoSex	Dorsal	Nombre	PtoCat	T_Oficial	RitmoKm	T_Real	RitKmReal	CONTROL	Club
1	502	ALEJANDRO MARTÍNEZ FERNANDEZ	GENM- 1	01:10:19	00:03:20	01:10:19	00:03:20	00:32:51	C.A LA BLANCA
2	429	HABIB ZAHARAOU	GENM- 2	01:13:16	00:03:29	01:13:16	00:03:29	00:33:41	CLUB ATLETISMO RACING LEON
3	144	DAVID BELVER MUÑOZ	CATAM- 1	01:16:41	00:03:39	01:16:41	00:03:39	00:35:28	CD HORIZONTE GIJÓN
4	338	PAULO JORGE BAPTISTA SEMEDO	CATAM- 2	01:16:48	00:03:39	01:16:48	00:03:39	00:36:14	ESTADIO GIJON
5	121	MAXIMO CORDERO BONITO	CATAM- 3	01:16:57	00:03:39	01:16:57	00:03:39	00:36:07	CD HORIZONTE GIJON
6	323	MARCOS ALMOZARA MAYO	GENM- 3	01:17:05	00:03:40	01:17:05	00:03:40	00:35:23	3&RUN BY PEDRO NIMO
7	458	RODRIGO PINTADO DEL CAMPO	GENM- 4	01:17:32	00:03:41	01:17:32	00:03:41	00:36:23	NOSPORTLIMIT
8	488	ROBERTO GONZÁLEZ PASCUAL	CATAM- 4	01:17:45	00:03:42	01:17:45	00:03:42	00:36:58	BIERZOTRIMAN
9	42	JOSE ANTONIO SANCHEZ PEREZ	GENM- 5	01:18:03	00:03:42	01:18:03	00:03:42	00:36:29	TEAM RUN & GO
10	79	FCO-JAVIER FERNANDEZ MARTÍNEZ	CATAM- 5	01:18:23	00:03:43	01:18:22	00:03:43	00:36:29	RUNNING PARA TODOS
11	313	ALEJANDRO DIEGO MONTERO	GENM- 6	01:18:25	00:03:43	01:18:24	00:03:43	00:37:23	
12	117	ISMAEL GONZALEZ RODRIGUEZ	GENM- 7	01:18:30	00:03:44	01:18:30	00:03:44	00:36:58	TRIATLON BIERZO
13	517	PEDRO GUERRA CASCALLANA	CATAM- 6	01:19:25	00:03:46	01:19:25	00:03:46	00:36:30	CECINAS PABLO ATLETISMO LA BAÑEZA
14	10	MARCOS VAZQUEZ SUAREZ	GENM- 8	01:19:44	00:03:47	01:19:43	00:03:47	00:36:43	INDEPENDIENTE
15	445	YAGO BELLO GONZALEZ	GENM- 9	01:19:45	00:03:47	01:19:45	00:03:47	00:36:47	C.A.R. SAN JUAN DE PALUEZAS
16	275	ALDO REGUEIRA MARTÍNEZ	GENM- 10	01:20:07	00:03:48	01:20:06	00:03:48	00:37:01	HEROICAN
17	309	PEDRO DIAZ LOPEZ	GENM- 11	01:20:15	00:03:49	01:20:15	00:03:49	00:37:09	INDEPENDIENTE
18	220	XURXO GÓMEZ VÁZQUEZ	CATAM- 7	01:20:32	00:03:49	01:20:30	00:03:49	00:37:36	PASA OU ENTORNA
19	85	RUBEN DEL CAÑO MENENDEZ	CATAM- 8	01:21:37	00:03:53	01:21:35	00:03:53		CHANWAS
20	478	CARLOS MARTICORENA RODRIGUEZ	GENM- 12	01:22:15	00:03:54	01:22:12	00:03:54	00:39:06	
21	159	ANGEL MARTINEZ MIMOSO	CATBM- 1	01:22:46	00:03:56	01:22:46	00:03:56	00:37:49	CDM ALTO SIL
22	105	JUAN CARLOS MARTÍNEZ VALVERDE	CATAM- 9	01:22:55	00:03:56	01:22:55	00:03:56	00:38:08	VERXEL NUTRICION DEPORTIVA
23	373	ALBERTO GARCÍA DE LA IGLESIA	CATAM- 10	01:23:14	00:03:57	01:23:14	00:03:57	00:38:57	COMESAÑA SPORTING CLUB
24	379	RUBÉN GONZÁLEZ HOYOS	GENM- 13	01:23:19	00:03:57	01:23:19	00:03:57	00:38:56	TRIATLÓN BIERZO
25	336	JOSÉ MANUEL GARCÍA PÉREZ	CATAM- 11	01:23:23	00:03:58	01:23:22	00:03:58	00:39:13	VEIGAMUIÑOS
26	47	DEIBI CHALANA TEIGA	GENM- 14	01:23:35	00:03:58	01:23:35	00:03:58	00:39:16	CDM ALTO SIL
27	213	DAVID MENDO LOPEZ	CATAM- 12	01:23:41	00:03:58	01:23:40	00:03:58	00:38:56	
28	100	MANU MÉNDEZ GAVELA	GENM- 15	01:23:54	00:03:59	01:23:54	00:03:59	00:38:26	CDM ALTO SIL
29	300	DAVID BERASATEGUI RUIZ	CATAM- 13	01:24:02	00:03:59	01:24:00	00:03:59	00:39:16	MARAS
30	312	JOSE CARLOS HERNANDEZ APARICIO	GENM- 16	01:24:29	00:04:01	01:24:27	00:04:01	00:38:59	DCABRERIZOS

31	223	HECTOR PERTEJO FIDALGO	GENM- 17	01:24:40	00:04:01	01:24:39	00:04:01	00:38:57	ATLETISMO FISIORAMA - DRASANVI
32	49	JUAN CARLOS BUENO GONZALEZ	GENM- 18	01:24:45	00:04:02	01:24:44	00:04:01	00:39:15	TEAM RUN & GO
33	145	ARMANDO MANJON HERNANDEZ	GENM- 19	01:24:46	00:04:02	01:24:45	00:04:01	00:39:15	TEAM RUN&GO
34	328	KEVIN MARTINEZ PEREZ	GENM- 20	01:24:49	00:04:02	01:24:45	00:04:02	00:41:06	
35	96	ÁNGEL RODRÍGUEZ GARCÍA	CATBM- 2	01:24:52	00:04:02	01:24:50	00:04:02	00:40:22	CHANWAS
36	95	CARLOS MANUEL PRENDES RODRÍGUEZ	CATAM- 14	01:24:53	00:04:02	01:24:50	00:04:02	00:40:22	CHANWAS
37	435	JUAN FERNÁNDEZ ALONSO	GENM- 21	01:25:07	00:04:03	01:25:06	00:04:02	00:38:56	
38	92	SERGIO NOGUEIRA MIÑAN	GENM- 22	01:25:50	00:04:05	01:25:48	00:04:04	00:40:29	
39	131	IVÁN FERNÁNDEZ REBORDINOS	GENM- 23	01:25:59	00:04:05	01:25:58	00:04:05	00:40:06	
40	365	MANUEL JOSÉ MÍGUEZ PÉREZ	CATAM- 15	01:26:19	00:04:06	01:26:17	00:04:06	00:39:00	COMESAÑA SPORTING CLUB
41	18	ANTONIO JOSE PRIETO MEJIAS	GENM- 24	01:26:37	00:04:07	01:26:35	00:04:07	00:41:48	SOTOVERDE RUNNING
42	128	JOSE MANUEL CALVO ALVAREZ	CATBM- 3	01:26:58	00:04:08	01:26:57	00:04:08	00:39:03	CLUB ATLETISMO LEON
43	83	FERNANDO GUERRA LOPEZ	GENM- 25	01:27:25	00:04:09	01:27:24	00:04:09	00:38:15	EQUILIBRIUM_FERRADILLO
44	34	DAVID VEGA COBO	GENM- 26	01:27:31	00:04:09	01:27:31	00:04:09	00:39:40	TEAM BOTILLOS DEL BIERZO
45	377	ROBERTO ANTA ALVAREZ	GENM- 27	01:27:35	00:04:10	01:27:30	00:04:09	00:42:29	
46	255	JACOBO PAZ PRECEDO	GENM- 28	01:27:35	00:04:10	01:27:29	00:04:09	00:42:18	GLADIATORS RAMALLOSA
47	372	PABLO PRADA HERNANDEZ	GENM- 29	01:27:37	00:04:10	01:27:37	00:04:10	00:40:28	
48	215	ANTONIO CHICO CASTELLO	CATCM- 1	01:27:39	00:04:10	01:27:34	00:04:10	00:41:37	
49	152	RAMÓN RODRÍGUEZ ABAD	CATAM- 16	01:27:40	00:04:10	01:27:36	00:04:10	00:41:14	FRESNEDO
50	330	JOSE MANUEL SEOANE POMBO	CATAM- 17	01:28:08	00:04:11	01:28:07	00:04:11	00:38:34	3&RUN PEDRO NIMO
51	322	JAVIER MATEOS CAMINO	GENM- 30	01:28:41	00:04:13	01:28:37	00:04:13	00:42:34	
52	272	FRANCISCO GARCÍA GARCÍA	GENM- 31	01:28:51	00:04:13	01:28:45	00:04:13	00:42:35	
53	283	MARCOS CODESAL JUL	GENM- 32	01:29:00	00:04:14	01:28:58	00:04:13	00:40:06	MARZO SAUDE S.L. WWW.SAFMMARZO.CO
54	115	ROGELIO MARTÍNEZ FERNÁNDEZ	CATBM- 4	01:29:07	00:04:14	01:29:04	00:04:14	00:42:10	
55	24	PABLO VÁZQUEZ ABELLA	GENM- 33	01:29:15	00:04:14	01:29:12	00:04:14	00:42:20	RADIKAL BIERZO TEAM
56	218	FRANCISCO JAVIER CARRO FEÁS	CATAM- 18	01:29:16	00:04:14	01:29:13	00:04:14	00:41:57	
57	477	ADRIAN LEDO VAZQUEZ	GENM- 34	01:29:19	00:04:15	01:29:05	00:04:14	00:40:23	
58	382	JESUS MANUEL BLANCO GOMEZ	CATBM- 5	01:29:21	00:04:15	01:29:16	00:04:14	00:41:07	CLUB PATIN BIERZO
59	314	MARC RODRIGUEZ BOYERO	GENM- 35	01:29:24	00:04:15	01:29:22	00:04:15	00:42:33	CLUB DEPORTIVO ALCER
60	515	CARLOS CASTRILLON CRESPO	CATAM- 19	01:29:25	00:04:15	01:29:22	00:04:15	00:42:34	
61	33	SAMUEL FERRERAS JIMENEZ	GENM- 36	01:29:26	00:04:15	01:29:26	00:04:15	00:41:45	LA BAÑEZA-CECINAS PABLO
62	82	TIRSO GOMEZ GUERRA	GENM- 37	01:29:31	00:04:15	01:29:25	00:04:15	00:42:34	INDEPENDIENTE
63	483	EDUARDO SANTOS GARCIA	CATAM- 20	01:29:35	00:04:15	01:29:28	00:04:15	00:42:35	INDEPENDIENTE
64	253	NACHOS ALVAREZ BLANCO	CATAM- 21	01:29:41	00:04:16	01:29:33	00:04:15	00:42:35	TORTUGAS TRAIL
65	219	JESUS GARCIA PABLOS	CATAM- 22	01:29:43	00:04:16	01:29:41	00:04:16	00:41:32	
66	72	MARCOS VAZQUEZ PENA	GENM- 38	01:29:45	00:04:16	01:29:43	00:04:16	00:41:06	KALENTADAS TRAILRUNNING
67	158	ALEJANDRO RODRÍGUEZ GONZÁLEZ	GENM- 39	01:29:54	00:04:16	01:29:46	00:04:16	00:42:36	RUNNING PARA TODOS

68	390	JULIAN FERNANDEZ MARTIN	GENM- 40	01:29:54	00:04:16	01:29:49	00:04:16	00:42:33	RADIKAL BIERZO TEAM
69	452	JORGE VOCES CALVO	CATAM- 23	01:30:36	00:04:18	01:30:29	00:04:18	00:42:20	AVIVA SPORT CLUB
70	353	JAVIER CAMPO PRIETO	GENM- 41	01:30:40	00:04:18	01:30:37	00:04:18	00:42:20	MESA VALORIO
71	462	JOSE NISTAL MORAN	GENM- 42	01:31:28	00:04:21	01:31:26	00:04:21	00:41:32	TRICAN BAÑEZA
72	374	LUCIANO ESPINO LOPEZ	CATAM- 24	01:31:32	00:04:21	01:31:25	00:04:20	00:42:38	CLUB MONTEPENARUBIA LUGO
73	493	JUAN IGNACIO ROSENDE AMOR	CATAM- 25	01:31:35	00:04:21	01:31:32	00:04:21	00:43:18	
74	378	EDGAR PÉREZ CADENA	GENM- 43	01:31:38	00:04:21	01:31:35	00:04:21	00:40:22	CLÍNICA DENTAL FRANCISCO AGUADO
75	434	ALFREDO FERNANDEZ ASENJO	CATAM- 26	01:31:42	00:04:21	01:31:33	00:04:21	00:43:31	
76	350	ADOLFO LOPEZ CABADO	GENM- 44	01:31:43	00:04:21	01:31:33	00:04:21	00:42:38	
77	415	JESÚS MANUEL PENA NÚÑEZ	CATAM- 27	01:31:53	00:04:22	01:31:49	00:04:22	00:42:39	GALICIA TRAIL&RUNNERS
78	150	SANTIAGO MARTINEZ ALBA	GENM- 45	01:32:06	00:04:22	01:31:57	00:04:22	00:43:46	
79	408	HECTOR ESTEBAN RIOS	GENM- 46	01:32:14	00:04:23	01:32:04	00:04:22	00:40:46	
80	58	JORGE JAVIER ASTORGANO MARTINEZ	CATBM- 6	01:32:33	00:04:24	01:32:28	00:04:23	00:42:33	
81	444	JOSÉ MARÍA FEITO HERRANZ	GENM- 47	01:32:40	00:04:24	01:32:34	00:04:24	00:42:37	ESCUELA PÚBLICA
82	178	RUBEN CRESPO LOPEZ	GENM- 48	01:32:46	00:04:24	01:32:39	00:04:24	00:43:59	LOS CARACOLES
83	163	ALBERTO ARIAS TORRON	CATAM- 28	01:33:20	00:04:26	01:33:12	00:04:26	00:44:45	ESCOLA ATLETICA LUCENSE
84	457	RUBÉN CARRERA JUÁREZ	CATAM- 29	01:33:37	00:04:27	01:33:24	00:04:26	00:45:01	
85	349	DAVID GÓMEZ LÓPEZ	GENM- 49	01:33:48	00:04:27	01:33:43	00:04:27	00:42:34	CASTRELOS 20:30
86	40	PABLO GARCÍA GONZÁLEZ	GENM- 50	01:33:50	00:04:27	01:33:43	00:04:27	00:42:34	
87	491	ÁLVARO ARRIBAS MIGUÉLEZ	GENM- 51	01:33:53	00:04:27	01:33:42	00:04:27	00:45:01	
88	39	ALBERTO NUEVO MANTECÓN	CATAM- 30	01:33:56	00:04:28	01:33:47	00:04:27	00:45:01	CLUB ATLETISMO ARROYOMOLINOS
89	422	JESUS GOMEZ DE RAMON DE LEÓN	GENM- 52	01:34:08	00:04:28	01:34:02	00:04:28	00:44:12	CHEMO CHALLENGE
90	32	MANUEL ALBA TASCÓN	GENM- 53	01:34:10	00:04:28	01:34:07	00:04:28	00:42:55	C.D. BTT LA BADANA
91	394	MARCOS PRIETO GARCÍA	GENM- 54	01:34:10	00:04:28	01:34:08	00:04:28	00:39:23	
92	341	ROBERTO OVALLE FIERRO	CATAM- 31	01:34:10	00:04:28	01:34:02	00:04:28	00:45:01	BIERZOTRIMAN
93	134	JUAN CARLOS REBORDINOS CANO	CATAM- 32	01:34:27	00:04:29	01:34:25	00:04:29	00:44:44	
94	81	JAVIER GOMEZ GUERRA	GENM- 55	01:34:31	00:04:29	01:34:24	00:04:29	00:43:59	INDEPENDIENTE
95	414	HUGO FERNÁNDEZ GARCÍA	CATAM- 33	01:34:35	00:04:29	01:34:30	00:04:29	00:44:44	INDEPENDIENTE
96	199	RUBEN DOCAMPO	GENM- 56	01:34:35	00:04:29	01:34:25	00:04:29	00:45:01	
97	375	ALEJANDRO FERNANDEZ LEON	GENM- 57	01:34:46	00:04:30	01:34:36	00:04:30	00:45:01	HERMANDAD CAJASTUR - LIBERBANK
98	204	ALBERTO BUENO GONZÁLEZ	GENM- 58	01:34:47	00:04:30	01:34:45	00:04:30	00:44:44	TEAM RUN & GO
99	19	RAUL SANCHEZ CASAS	GENM- 59	01:34:48	00:04:30	01:34:46	00:04:30	00:44:44	TEAM RUN&GO
100	487	JUAN JOSÉ GÓMEZ CORTÉS	CATAM- 34	01:34:55	00:04:30	01:34:50	00:04:30	00:45:01	INDEPENDIENTE
101	249	FRANCISCO MANUEL GONZÁLEZ FERNÁN	GENM- 60	01:34:58	00:04:31	01:34:53	00:04:30	00:42:36	CLUB DE ATLETISMO LA BAÑEZA
102	362	ÁNGEL ANDRES DIEZ GARCÍA	GENM- 61	01:34:59	00:04:31	01:34:55	00:04:30	00:42:37	MESA VALORIO
103	276	ANTONIO FERNANDEZ GARCIA	GENM- 62	01:35:01	00:04:31	01:34:42	00:04:30	00:45:04	
104	153	ROBERTO GONZÁLEZ MATÍAS	GENM- 63	01:35:05	00:04:31	01:34:52	00:04:30	00:44:30	

105	273	ALBERTO ARAMBURU GARCÍA-PINTOS	CATAM- 35	01:35:08	00:04:31	01:35:05	00:04:31	00:44:37	RUN PONTEVEDRA
106	339	JESÚS ASENSIO CHACÓN	CATAM- 36	01:35:11	00:04:31	01:35:02	00:04:31	00:45:01	RADIKAL BIERZO TEAM
107	237	JORGE FERNANDEZ CERVIÑO	CATAM- 37	01:35:15	00:04:31	01:35:06	00:04:31	00:45:00	CLUB BENAVENTE ATLETISMO
108	439	IVAN NOVO CASCALLANA	CATAM- 38	01:35:15	00:04:31	01:35:10	00:04:31	00:45:00	BEERRUNNERS
109	348	ROBERTO GARCIA MARTINEZ	GENM- 64	01:35:42	00:04:33	01:35:28	00:04:32	00:45:04	
110	398	GERMAN GONZALEZ SEREN	CATAM- 39	01:35:48	00:04:33	01:35:40	00:04:33	00:45:04	ESCOLA ATLETICA LUCENSE
111	93	BRUNO FARIA PRADA	GENM- 65	01:35:50	00:04:33	01:35:40	00:04:33	00:45:02	
112	155	JOSE GONZALEZ RIOS	CATAM- 40	01:36:12	00:04:34	01:36:03	00:04:34	00:45:04	RADIKAL BIERZO TEAM
113	98	JORGE FERNANDEZ ARIAS	CATAM- 41	01:36:23	00:04:35	01:36:14	00:04:34	00:45:01	
114	180	VICENTE SANMARTIN VIGO	CATAM- 42	01:36:31	00:04:35	01:36:25	00:04:35	00:44:39	VERXEL NUTRICIÓN DEPORTIVA
115	347	HUGO OVALLE PRADA	GENM- 66	01:36:52	00:04:36	01:36:44	00:04:36	00:45:03	BIERZO TRIMAN
116	466	JOSE MANUEL GONZALEZ GOMEZ	CATAM- 43	01:36:55	00:04:36	01:36:45	00:04:36	00:45:01	
117	496	JUSTO VUELTA GARCÍA	CATBM- 7	01:36:58	00:04:36	01:36:57	00:04:36	00:43:25	
118	137	JUAN JOSE ALVAREZ BARREIRO	GENM- 67	01:37:00	00:04:36	01:36:58	00:04:36	00:44:07	
119	516	ALEX FLOREZ GUAZA	GENM- 68	01:37:08	00:04:37	01:37:05	00:04:37	00:44:48	GALLEGUILLOS DE CAMPOS
120	258	ALFONSO RODRIGUEZ FRAMIL	GENM- 69	01:37:25	00:04:38	01:37:19	00:04:37	00:46:07	NOITEBRA FC
121	206	ROBERTO FERNÁNDEZ JORAL	GENM- 70	01:37:35	00:04:38	01:37:33	00:04:38	00:44:25	
122	475	OSCAR GONZALEZ CAMPAZAS	CATAM- 44	01:37:38	00:04:38	01:37:32	00:04:38	00:46:13	
123	311	FLORENTINO CAMINO UGIDOS	CATBM- 8	01:37:43	00:04:38	01:37:39	00:04:38	00:45:21	C.D. ALPINO JARAPALOS
124	331	MARCOS REY CAMPELO	GENM- 71	01:37:45	00:04:38	01:37:37	00:04:38	00:45:53	
125	513	JOSE MARIA PASCUAL BLANCO	GENM- 72	01:37:49	00:04:39	01:37:37	00:04:38	00:46:21	RECREO RUNNING
126	148	JUAN CARLOS FIDALGO GARCÍA	CATAM- 45	01:38:10	00:04:40	01:38:01	00:04:39	00:44:45	
127	156	RAMON ABELLA CARRERA	CATAM- 46	01:38:25	00:04:40	01:38:16	00:04:40	00:46:08	
128	386	JAIRO GONZALEZ SANCHEZ	GENM- 73	01:38:29	00:04:41	01:38:18	00:04:40	00:46:41	RADIKAL BIERZO TEAM
129	443	ALFREDO GONZALEZ FERNANDEZ	CATBM- 9	01:38:41	00:04:41	01:38:27	00:04:40	00:46:42	
130	298	JORDI PEÑARANDA MARTINEZ	GENM- 74	01:38:54	00:04:42	01:38:51	00:04:42	00:45:39	GEMM
131	118	MIGUEL ÁNGEL GARNELO MARTÍNEZ	GENM- 75	01:39:10	00:04:43	01:38:54	00:04:42	00:47:48	
132	337	JORGE SUÁREZ FERNÁNDEZ	CATAM- 47	01:39:11	00:04:43	01:39:00	00:04:42	00:47:14	PASA OU ENTORNA
133	402	DAVID RODRIGUEZ ALVAREZ	GENM- 76	01:39:13	00:04:43	01:39:05	00:04:42	00:46:43	
134	269	GRACILIANO FERNANDEZ FERRERO	CATBM- 10	01:39:13	00:04:43	01:38:57	00:04:42	00:45:22	
135	147	MIGUEL ANGEL VIDAL REIGOSA	CATAM- 48	01:39:19	00:04:43	01:39:17	00:04:43	00:43:25	ASOCIACIÓN DE SENDERISMO PASO MIÚDC
136	393	PABLO GÓMEZ ESQUEIRA	GENM- 77	01:39:23	00:04:43	01:39:12	00:04:43	00:47:51	
137	417	ALEJANDRO MARTÍNEZ MATEOS	GENM- 78	01:39:28	00:04:43	01:39:23	00:04:43	00:45:58	
138	200	ALBERTO LORENZO GONZALEZ	GENM- 79	01:39:37	00:04:44	01:39:31	00:04:44	00:44:12	MAMBA TEAM
139	405	JAVIER RODRIGUEZ PEREZ	CATAM- 49	01:39:43	00:04:44	01:39:32	00:04:44	00:47:42	
140	410	MANUEL ANGEL LOPEZ DÍAZ	CATBM- 11	01:39:46	00:04:44	01:39:36	00:04:44	00:47:42	INDEPENDIENTE
141	242	JOSE CARLOS MILLARES DOMENECH	CATBM- 12	01:39:52	00:04:44	01:39:43	00:04:44	00:45:52	C.N. PORTAMIÑÁ

142	296	JOSE ANTONIO VIDAL PERÓN	GENM- 80	01:39:52	00:04:45	01:39:39	00:04:44	00:48:35	
143	251	RICARDO LÓPEZ SOTO	CATAM- 50	01:40:01	00:04:45	01:39:47	00:04:44	00:48:37	INDEPENDIENTE
144	188	RAUL SEGOVIANO BERNAL	GENM- 81	01:40:07	00:04:45	01:39:59	00:04:45	00:45:46	INDEPENDIENTE
145	171	DAVID HOLGUIN SERNA	CATBM- 13	01:40:18	00:04:46	01:40:08	00:04:45	00:47:43	RUTAS DEL BIERZO
146	54	JOSE LUIS VEGA PEREZ	CATBM- 14	01:40:18	00:04:46	01:40:08	00:04:45	00:47:41	RUTAS DEL BIERZO
147	354	JAVIER DE LA CAL BENAVENTE	GENM- 82	01:40:23	00:04:46	01:40:06	00:04:45	00:48:41	
148	472	JUAN CARLOS SERANTES ALVAREZ	CATAM- 51	01:40:29	00:04:46	01:40:17	00:04:46	00:48:35	
149	370	JOSE JAVIER DE LA PUENTE GARRIDO	CATAM- 52	01:40:36	00:04:47	01:40:26	00:04:46	00:48:03	
150	290	JOSÉ EDUARDO RODRÍGUEZ ALONSO	GENM- 83	01:40:39	00:04:47	01:40:25	00:04:46	00:48:36	
151	203	CARLOS YAÑEZ SIERRA	GENM- 84	01:40:46	00:04:47	01:40:40	00:04:47	00:46:37	TEAM RUN&GO
152	356	ALBERTO SECO GALLO	GENM- 85	01:40:50	00:04:47	01:40:40	00:04:47	00:47:42	CLUB MONTEPENARUBIA LUGO
153	407	SERGIO ALONSO RODRIGUEZ	CATBM- 15	01:40:53	00:04:47	01:40:46	00:04:47	00:49:30	GRASIAS
154	310	MARCOS BARBA	GENM- 86	01:40:54	00:04:47	01:40:39	00:04:47	00:48:38	
155	424	RUBEN GARCIA	GENM- 87	01:40:54	00:04:47	01:40:40	00:04:47	00:48:38	
156	119	JAVIER ALONSO GARCIA	CATAM- 53	01:40:59	00:04:48	01:40:35	00:04:47	00:48:37	SOTOVERDE RUNNING
157	506	OSCAR RODRÍGUEZ FERNÁNDEZ	CATBM- 16	01:41:01	00:04:48	01:40:55	00:04:47	00:46:07	
158	65	DIEGO PRÓSPERO CAÑÓN	GENM- 88	01:41:11	00:04:48	01:41:03	00:04:48	00:47:47	TORTUGAS TRAIL
159	25	PEDRO JOSE REGUERO FERNÁNDEZ	CATAM- 54	01:41:12	00:04:48	01:40:58	00:04:48	00:48:34	SWEET DAY
160	412	DOSITEO MOURIZ LOPEZ	GENM- 89	01:41:12	00:04:48	01:41:03	00:04:48	00:46:52	ESCOLA ATLÉTICA LUCENSE
161	185	RUBEN CUELLAS GARCIA	CATAM- 55	01:41:17	00:04:49	01:41:11	00:04:48	00:47:25	CUBILLOS JADA RUNNING
162	5	ANGEL BENITO ARMESTO	GENM- 90	01:41:21	00:04:49	01:41:13	00:04:48	00:46:43	
163	428	GUILLERMO SAN RAMON ALLER	GENM- 91	01:41:21	00:04:49	01:41:09	00:04:48	00:48:24	ABELLA RUNNING
164	388	LUIS FERNANDEZ HERRERA	CATAM- 56	01:41:25	00:04:49	01:41:13	00:04:48	00:48:34	RADIKAL TEAM
165	453	XESÚS ANXO LÓPEZ PINTOS	CATCM- 2	01:41:25	00:04:49	01:41:13	00:04:48	00:48:36	PASA OU ENTORNA
166	277	JAVIER GONZALEZ DEL POZO	CATBM- 17	01:41:26	00:04:49	01:41:08	00:04:48	00:48:34	INDEPENDIENTE
167	418	PEDRO GARCIA CELA	CATAM- 57	01:41:27	00:04:49	01:41:09	00:04:48	00:47:46	
168	16	FABIO MORÁN GARCÍA	CATCM- 3	01:41:48	00:04:50	01:41:36	00:04:49	00:48:36	RADIKAL BIERZO TEAM
169	164	JOSE GARCIA PINAL	CATAM- 58	01:41:57	00:04:50	01:41:47	00:04:50	00:49:10	ESCOLA ATLÉTICA LUCENSE
170	77	MANUEL JULIO SUAREZ MARTIN	CATBM- 18	01:42:04	00:04:51	01:41:51	00:04:50	00:48:35	
171	168	MANUEL ALVAREZ RODRÍGUEZ	CATAM- 59	01:42:08	00:04:51	01:42:02	00:04:51	00:45:52	
172	329	RAMON PENA LOPEZ	GENM- 92	01:42:13	00:04:51	01:42:03	00:04:51	00:47:16	
173	122	MIGUEL ANGEL VEGA ARIAS	CATAM- 60	01:42:19	00:04:51	01:42:03	00:04:51	00:48:34	MAMBAGIM
174	140	ÁLVARO PRADA VEGA	GENM- 93	01:42:20	00:04:52	01:42:00	00:04:51	00:50:19	
175	157	SERGIO MAYOR CEREIJO	GENM- 94	01:42:28	00:04:52	01:42:17	00:04:51	00:48:07	LOS CARACOLES
176	369	ENRIQUE MARTINEZ MARTINEZ	CATBM- 19	01:42:35	00:04:52	01:42:24	00:04:52	00:48:05	CLUB DEPORTIVO PEÑAMBOLIAS
177	470	VÍCTOR MANUEL VILAR REINA	CATAM- 61	01:42:43	00:04:53	01:42:30	00:04:52	00:48:03	ADJUNTO NÁUTICO NARON
178	66	ALBERTO NUÑEZ GONZÁLEZ	CATAM- 62	01:42:46	00:04:53	01:42:35	00:04:52	00:47:44	LOS CARACOLES

179	518	VICTOR LÓPEZ RODRIGUEZ	GENM- 95	01:42:50	00:04:53	01:42:30	00:04:52	00:48:39	
180	94	MIGUEL URIA SANTAMARINA	GENM- 96	01:42:50	00:04:53	01:42:29	00:04:52	00:48:39	CROSSFIT PONFERRADA
181	342	JUAN CARLOS VARELA PEREZ	CATAM- 63	01:42:55	00:04:53	01:42:35	00:04:52	00:48:35	
182	113	ALVARO MARTIN LOPEZ	GENM- 97	01:42:57	00:04:53	01:42:44	00:04:53	00:48:36	
183	455	ALFONSO SÁNCHEZ GARCÍA	CATAM- 64	01:43:19	00:04:54	01:43:06	00:04:54	00:48:35	
184	116	JOSE ADOLFO SANTANA PONCE DE LEÓN	GENM- 98	01:43:20	00:04:54	01:43:13	00:04:54	00:47:56	
185	464	ALBERT PEREZ GUILLEN	GENM- 99	01:43:20	00:04:54	01:43:09	00:04:54	00:48:34	CE TRAIL TARRACO
186	29	MARCOS RIVERO PICHEL	CATAM- 65	01:43:27	00:04:55	01:43:08	00:04:54	00:50:29	
187	367	AITOR CORTES GONCALVES	GENM- 100	01:43:40	00:04:55	01:43:21	00:04:54	00:50:18	
188	303	ALBERTO DE LAS HERAS FERNÁNDEZ	CATAM- 66	01:43:56	00:04:56	01:43:38	00:04:55	00:50:19	
189	448	MARIO OUTEIRO IGLESIAS	GENM- 101	01:43:56	00:04:56	01:43:44	00:04:56	00:47:51	CERVANTES
190	91	ISAAC ALVAREZ VELASCO	CATCM- 4	01:44:03	00:04:56	01:43:52	00:04:56	00:48:10	
191	109	TINO GIL VALLE	CATAM- 67	01:44:06	00:04:57	01:44:01	00:04:56	00:49:41	MAMBA GYM
192	499	JOSE ALBERTO GARCIA GARCIA	CATAM- 68	01:44:17	00:04:57	01:43:55	00:04:56		INDEPENDIENTE
193	27	PACO RODERO LOZANO	CATBM- 20	01:44:25	00:04:57	01:44:13	00:04:57	00:48:07	LOS CARACOLES
194	297	JUAN MANUEL TABOADA BARREIRO	CATAM- 69	01:44:28	00:04:58	01:44:16	00:04:57	00:48:43	CLUBE ATLETISMO BOIMORTO
195	432	JOSÉ SANTOS FERNÁNDEZ VÁZQUEZ	CATAM- 70	01:44:30	00:04:58	01:44:16	00:04:57	00:49:31	
196	384	PABLO FERNANDEZ VAZQUEZ	GENM- 102	01:44:31	00:04:58	01:44:16	00:04:57	00:49:31	ESCOLA ATLÉTICA PEREIRO DE AGUIAR BEN
197	473	OSCAR DURO PAZOS	GENM- 103	01:44:35	00:04:58	01:44:10	00:04:57	00:50:17	CLUB HÉRCULES TERMARIA
198	175	RAUL DIÑEIRO BELLO	CATAM- 71	01:44:43	00:04:58	01:44:24	00:04:57	00:50:17	BEER RUNNERS
199	479	JOSÉ MANUEL GARCÍA GÓMEZ	GENM- 104	01:44:57	00:04:59	01:44:40	00:04:58	00:48:37	INDEPENDIENTE
200	236	HECTOR CUBILLAS PRIETO	GENM- 105	01:44:57	00:04:59	01:44:42	00:04:58	00:50:17	
201	425	XIOMAR M. FERNANDEZ GONZALEZ	CATAM- 72	01:45:07	00:04:59	01:44:48	00:04:59	00:50:19	
202	250	CARLOS BARRAL ROMEO	GENM- 106	01:45:13	00:05:00	01:45:01	00:04:59	00:47:54	PASA OU ENTORNA
203	282	JUAN ENRIQUE FREIRE RODRÍGUEZ	CATCM- 5	01:45:13	00:05:00	01:45:04	00:04:59	00:48:32	
204	320	ROBERTO GONZALEZ CARRERA	GENM- 107	01:45:14	00:05:00	01:44:54	00:04:59	00:48:34	
205	460	JORGE RAMÓN ARIAS	GENM- 108	01:45:15	00:05:00	01:44:56	00:04:59	00:50:18	
206	480	MIGUEL ÁNGEL PÉREZ LÓPEZ	GENM- 109	01:45:15	00:05:00	01:44:56	00:04:59	00:50:18	
207	442	DANIEL SILVÁN REDONDO	GENM- 110	01:45:17	00:05:00	01:44:55	00:04:59	00:51:16	BIERZOTODODEPORTE
208	511	NOEL BAYOLO BANDERA	GENM- 111	01:45:20	00:05:00	01:45:02	00:04:59	00:50:19	
209	357	ROBERTO MARTINEZ FERNANDEZ	CATAM- 73	01:45:25	00:05:00	01:45:05	00:04:59	00:50:18	
210	482	JAIME FERNÁNDEZ LÓPEZ	GENM- 112	01:45:26	00:05:00	01:45:19	00:05:00	00:49:38	
211	63	DANIEL RODRÍGUEZ ÁLVAREZ	GENM- 113	01:45:27	00:05:00	01:45:10	00:05:00	00:50:16	RADIKAL BIERZO TEAM
212	433	PABLO ÁLVAREZ	GENM- 114	01:45:35	00:05:01	01:45:17	00:05:00	00:49:06	
213	132	ROBERTO BLANCO ALLER	GENM- 115	01:45:39	00:05:01	01:45:38	00:05:01	00:47:27	
214	321	AURELIO GÓMEZ MUÑIZ	CATBM- 21	01:45:40	00:05:01	01:45:22	00:05:00	00:51:20	
215	154	FERNANDO ANTONIO RUGERO GOMAR	CATBM- 22	01:45:40	00:05:01	01:45:25	00:05:00	00:48:07	

216	30	LUIS MIGUEL DIAZ LOPEZ	GENM- 116	01:45:41	00:05:01	01:45:24	00:05:00	00:50:27	
217	43	SANTIAGO IGLESIAS GRAÑA	GENM- 117	01:45:46	00:05:01	01:45:28	00:05:00	00:50:21	
218	451	ANTONIO MARTÍNEZ FERNÁNDEZ	CATBM- 23	01:45:46	00:05:01	01:45:28	00:05:00	00:49:14	
219	359	GUSTAVO VEIGA BARRIO	CATAM- 74	01:45:50	00:05:01	01:45:35	00:05:01	00:46:13	
220	406	DIEGO NUÑEZ	CATAM- 75	01:45:50	00:05:01	01:45:35	00:05:01	00:46:13	
221	358	C. NICOLAS HERMIDA-C VAZQUEZ	CATAM- 76	01:46:02	00:05:02	01:45:58	00:05:02	00:47:17	NINGUNO
222	289	DAVID GARCIA BLANCO	GENM- 118	01:46:09	00:05:02	01:45:57	00:05:02	00:48:34	
223	441	MOISES MARTINEZ HURTADO	CATBM- 24	01:46:11	00:05:02	01:45:52	00:05:02	00:49:14	
224	97	ALEJANDRO MERINO FERNANDEZ	GENM- 119	01:46:11	00:05:02	01:45:51	00:05:02	00:48:17	
225	191	JOSE CARLOS REBOLLO PEREIRA	CATBM- 25	01:46:12	00:05:03	01:45:53	00:05:02		RECREO RUNNING
226	308	RUBEN SENRA CAAMAÑO	GENM- 120	01:46:16	00:05:03	01:46:06	00:05:02	00:47:59	RADIKAL MASTERGYM
227	459	DANIEL CALVO REY	CATAM- 77	01:46:18	00:05:03	01:46:02	00:05:02	00:48:40	S.D. BARBANTIA RODA
228	489	VICTOR FIESTAS	GENM- 121	01:46:43	00:05:04	01:46:21	00:05:03	00:50:12	
229	75	GUILLERMO RÖTHLISBERGER CORTÁZAR	GENM- 122	01:46:47	00:05:04	01:46:33	00:05:03	00:49:14	DEPORTIVO CHARQUITO
230	346	PABLO RODRIGO GONZÁLEZ	GENM- 123	01:47:47	00:05:07	01:47:31	00:05:06	00:50:18	
231	48	IVAN REIG	GENM- 124	01:47:52	00:05:07	01:47:34	00:05:06	00:50:05	
232	284	TONY DOCAMPO DOCAMPO	GENM- 125	01:47:58	00:05:08	01:47:44	00:05:07	00:50:50	INDEPENDIENTE
233	293	ALEJANDRO GALLEGU RODRIGUEZ	GENM- 126	01:48:13	00:05:08	01:47:59	00:05:08	00:49:33	C.D.RADIKAL BIERZO TEAM
234	498	GERMÁN SALGADO VELASCO	CATCM- 6	01:48:16	00:05:08	01:47:59	00:05:08	00:50:35	CLUB DEPORTIVO PEÑAMBOLIAS
235	261	LUIS ANGEL ESQUIBEL TOMILLO	CATAM- 78	01:48:25	00:05:09	01:48:20	00:05:09	00:51:14	RECREO RUNNING
236	401	JOSE MANUEL FERNANDEZ CAMPELO	GENM- 127	01:48:28	00:05:09	01:48:20	00:05:09	00:51:01	
237	360	FEDERICO LÓPEZ FERNÁNDEZ	GENM- 128	01:48:31	00:05:09	01:48:14	00:05:08	00:51:14	INDEPENDIENTE
238	281	CARLOS MIGUELEZ ALEJANDRE	GENM- 129	01:48:39	00:05:09	01:48:19	00:05:09	00:51:14	
239	345	VALERIANO AMIGO ANTOLIN	CATBM- 26	01:48:41	00:05:10	01:48:20	00:05:09	00:51:16	
240	463	JOSE GARRIDO NUÑEZ	CATAM- 79	01:48:43	00:05:10	01:48:16	00:05:08	00:51:17	INDEPENDIENTE
241	70	JUAN VIDAL VALLE	CATAM- 80	01:48:43	00:05:10	01:48:25	00:05:09	00:51:18	
242	327	DIONISIO JOSE BUENO GARCIA	CATBM- 27	01:48:51	00:05:10	01:48:31	00:05:09	00:50:17	
243	371	JOSE RUBEN RODRIGUEZ VELASCO	CATAM- 81	01:48:52	00:05:10	01:48:47	00:05:10	00:49:02	JOSE RUBEN
244	183	RAFAEL PARDO ARIAS	GENM- 130	01:49:00	00:05:10	01:48:44	00:05:10	00:51:15	TITANES DEL SIL
245	512	FRANCISCO ANTONIO ORALLO REGUERO	CATCM- 7	01:49:19	00:05:11	01:48:55	00:05:10	00:52:59	ESLIAPA
246	465	MANUEL ANTONIO RODRÍGUEZ PRADA	CATCM- 8	01:49:20	00:05:11	01:49:00	00:05:10	00:50:40	
247	139	FRANCISCO MANUEL CABEZA PEREZ	CATBM- 28	01:49:35	00:05:12	01:49:21	00:05:11	00:52:27	CHANWAS
248	246	ROBERTO CARRERA TERRÓN	CATAM- 82	01:49:39	00:05:12	01:49:25	00:05:12	00:50:05	
249	60	JORGE PARDO ARIAS	GENM- 131	01:49:50	00:05:13	01:49:34	00:05:12	00:52:07	TITANES DEL SIL
250	510	PEDRO PRALLONG ALVAREZ	CATCM- 9	01:50:38	00:05:15	01:50:26	00:05:15	00:52:39	
251	438	DAVID ARIAS GONZÁLEZ	CATAM- 83	01:51:05	00:05:16	01:50:45	00:05:15	00:51:33	RAMS TRAIL
252	391	ROBERTO NIEMBRO ACEBES	CATAM- 84	01:51:11	00:05:17	01:50:49	00:05:16	00:52:10	

253	421	JUAN CARLOS VITURRO MARTÍNEZ	CATAM- 85	01:52:32	00:05:21	01:52:19	00:05:20	00:52:12	S.D. BARBANTIA RODA
254	28	RODRIGO MANGAS CALVO	GENM- 132	01:53:24	00:05:23	01:53:03	00:05:22	00:53:02	
255	106	MAXIMINO LAGARES CARRO	CATAM- 86	01:54:39	00:05:27	01:54:12	00:05:25	00:53:36	ESPRINTES OURENSE
256	436	RUBEN OVALLE FRANCO	GENM- 133	01:54:52	00:05:27	01:54:38	00:05:27	00:53:22	
257	440	ALFONSO VILAR CREGO	CATAM- 87	01:54:59	00:05:27	01:54:56	00:05:27	00:47:13	
258	67	JOSÉ RAMON ARIAS ARIAS	CATAM- 88	01:55:18	00:05:28	01:55:01	00:05:28	00:50:20	RUNNINGPARATODOS
259	136	FRANCISCO ROMERO	CATAM- 89	01:55:30	00:05:29	01:55:11	00:05:28	00:54:51	
260	143	FELIX MATEOS GONZALEZ	CATAM- 90	01:55:49	00:05:30	01:55:36	00:05:29	00:54:11	
261	36	CARLOS B. MANGAS CALVO	GENM- 134	01:55:53	00:05:30	01:55:31	00:05:29	00:52:32	
262	257	MIKEL TELLETXEA SANCHIZ	CATAM- 91	01:56:15	00:05:31	01:56:07	00:05:31	00:53:31	LOS SUPER ZORROS
263	267	ANTONINO GÓMEZ FERRERO	CATBM- 29	01:56:49	00:05:33	01:56:33	00:05:32	00:53:27	
264	166	ANGEL V. FOLGUERAL ARIAS	CATAM- 92	01:56:52	00:05:33	01:56:29	00:05:32	00:55:26	LOMBIS
265	509	RAFAEL DIZ VEIGA	CATBM- 30	01:57:09	00:05:34	01:56:47	00:05:33	00:54:19	CLUB ZEPPELIN ATLETICO
266	461	JUAN CARLOS ALFARO CEBRIÁN	CATAM- 93	01:57:37	00:05:35	01:57:11	00:05:34	00:52:50	
267	74	ISAÍAS CALVO DE LA UZ	CATAM- 94	01:57:37	00:05:35	01:57:12	00:05:34	00:52:50	
268	400	RAUL MORETE GONZALEZ	CATAM- 95	01:57:54	00:05:36	01:57:33	00:05:35	00:54:35	
269	56	MIGUEL ANGEL VELASCO CORRAL	CATAM- 96	01:58:03	00:05:36	01:57:45	00:05:35	00:51:41	
270	270	TINO ÁLVAREZ PÉREZ-MANSO	CATBM- 31	01:58:08	00:05:36	01:57:45	00:05:35	00:55:30	GIMNASIO LINO
271	514	ROBERTO ÁLVAREZ ÁLVAREZ	CATAM- 97	01:58:20	00:05:37	01:57:54	00:05:36	00:56:49	
272	481	DAVID RODRÍGUEZ GARCÍA	GENM- 135	01:58:56	00:05:39	01:58:33	00:05:38	00:56:47	
273	503	MANUEL BERMEJO FERRERO	GENM- 136	01:59:04	00:05:39	01:58:47	00:05:38	00:56:48	
274	160	JORGE MIGUELEZ PRIETO	CATAM- 98	01:59:18	00:05:40	01:59:10	00:05:39	00:54:47	CLUB BIERZO TODO DEPORTE
275	416	DIEGO PÉREZ ALBA	GENM- 137	01:59:19	00:05:40	01:58:56	00:05:39	00:56:50	
276	426	ALFONSO RODRÍGUEZ GONZÁLEZ	GENM- 138	01:59:21	00:05:40	01:58:57	00:05:39	00:56:05	#COSITEAM
277	87	TOMAS FERNANDEZ PRIETO	GENM- 139	01:59:23	00:05:40	01:59:14	00:05:40	00:54:53	
278	474	PEDRO MIGUEL SAN GERMÁN CONTRERA	CATAM- 99	01:59:26	00:05:40	01:59:05	00:05:39	00:54:43	DEPORTES SANZ
279	456	ALVARO MARTÍNEZ REOL	CATAM- 100	01:59:29	00:05:40	01:59:25	00:05:40	00:50:02	
280	44	OSCAR LÓPEZ CASTRO	CATAM- 101	01:59:29	00:05:40	01:59:24	00:05:40	00:50:02	
281	195	JOSE IGNACIO NEGRO DE LA IGLESIA	CATAM- 102	01:59:38	00:05:41	01:59:30	00:05:40	00:54:48	BIERZO TODO DEPORTE (PARTEPIEDRAS TRI)
282	437	BORJA LÓPEZ DE CASTRO	GENM- 140	01:59:49	00:05:41	01:59:28	00:05:40	00:53:02	
283	333	JOSE GONZALO VIDAL FINISTROSA	CATAM- 103	01:59:56	00:05:42	01:59:48	00:05:41	00:53:40	
284	41	PEPE BARRERA LOBATO	CATAM- 104	01:59:59	00:05:42	01:59:35	00:05:41	00:56:51	
285	89	RUBÉN GÓMEZ PÉREZ	GENM- 141	02:00:06	00:05:42	01:59:49	00:05:41	00:57:01	
286	172	ROBERTO LOPEZ SIERRA	CATAM- 105	02:00:07	00:05:42	01:59:49	00:05:41	00:57:01	
287	196	JESUS NOVO BLANCO	GENM- 142	02:00:08	00:05:42	01:59:48	00:05:41	00:56:46	CHUPACABRAS
288	380	MAURICIO JOSE BONOME SEDLACZEK	CATAM- 106	02:01:36	00:05:46	02:01:12	00:05:45	00:55:32	
289	11	HECTOR CASAS DIEGO	GENM- 143	02:01:38	00:05:46	02:01:15	00:05:45	00:56:44	



290	184	JOSE MANUEL SANCHEZ LOUREDA	CATBM- 32	02:01:58	00:05:47	02:01:31	00:05:46	00:56:48	
291	186	ALEJANDRO RIVERA REY	GENM- 144	02:02:17	00:05:48	02:01:52	00:05:47	00:57:13	
292	351	ASIER RECONDO LAGO	GENM- 145	02:02:25	00:05:49	02:02:00	00:05:47	00:56:58	
293	501	AVELINO FERNÁNDEZ RIVERA	CATAM- 107	02:03:13	00:05:51	02:03:10	00:05:51	01:05:01	
294	274	FÉLIX DOMÍNGUEZ VALCARRERAS	CATAM- 108	02:03:23	00:05:51	02:03:10	00:05:51	00:53:27	
295	62	MANUEL BASOA RODRIGUEZ	GENM- 146	02:03:29	00:05:52	02:03:12	00:05:51	00:55:31	
296	507	MARCO FLÓREZ TIJERA	CATAM- 109	02:03:49	00:05:53	02:03:34	00:05:52	00:58:23	LA DESPENSA DE FER
297	123	JOSÉ MANUEL ROMERO BARINGO	CATAM- 110	02:04:14	00:05:54	02:03:48	00:05:53	00:57:07	
298	404	EDUARDO BUSTILLO HOLGADO	GENM- 147	02:04:18	00:05:54	02:03:58	00:05:53	00:53:46	GEOCYL RUNNING
299	245	ALBERTO PRIETO RIESCO	CATAM- 111	02:05:35	00:05:58	02:05:14	00:05:57	00:56:18	PEÑACORADA
300	9	JAVIER SANCHIDRIAN CONDE	CATAM- 112	02:05:49	00:05:58	02:05:34	00:05:58	00:56:56	
301	208	ALBERTO GONZALEZ GONZALEZ	CATAM- 113	02:06:09	00:05:59	02:05:52	00:05:58	00:51:15	LA VIRGEN RUNNER'S - CORRECALLEJEROS
302	192	TOMAS BAÑOS GRANADO	CATBM- 33	02:06:09	00:05:59	02:05:52	00:05:58	00:51:13	LA VIRGEN RUNNER'S - CORRECALLEJEROS
303	387	JOSE MARTINEZ PINTOR	GENM- 148	02:06:59	00:06:02	02:06:46	00:06:01	00:58:03	
304	103	JAVIER RODRÍGUEZ CASTRO	GENM- 149	02:08:11	00:06:05	02:08:01	00:06:05	00:55:02	
305	189	JAIRO GARCÍA GONZÁLEZ	GENM- 150	02:08:47	00:06:07	02:08:26	00:06:06	00:54:07	
306	497	JOSE ANTONIO BLANCO JIMÉNEZ	GENM- 151	02:08:52	00:06:07	02:08:30	00:06:06	00:53:41	
307	22	DIEGO CARRERA PÉREZ	GENM- 152	02:08:53	00:06:07	02:08:31	00:06:06	00:55:52	TEMPLARIOS OCR
308	265	DAVID CORRAL BLANCO	GENM- 153	02:08:55	00:06:07	02:08:29	00:06:06	00:56:52	
309	492	LUIS SIERRA AMIGO	GENM- 154	02:09:03	00:06:07	02:08:41	00:06:06	01:00:03	
310	295	ANGEL MARCOS DE LA MATA GARCIA	CATCM- 10	02:09:52	00:06:10	02:09:37	00:06:09	00:55:49	Ñ ULTRAFONDO
311	316	ANDRÉS GERAS RAMOS	GENM- 155	02:09:53	00:06:10	02:09:36	00:06:09	00:55:50	
312	449	EMILIO SABORIDO FERNANDEZ	GENM- 156	02:13:56	00:06:21	02:13:40	00:06:21	01:02:18	SD BARBANTIA RODA
313	476	ANTONIO JESUS PANTOJA CAMACHO	CATAM- 114	02:13:57	00:06:21	02:13:31	00:06:20	01:02:21	INDEPENDIENTE
314	340	SERGIO VARONA TORRON	GENM- 157	02:14:14	00:06:22	02:13:49	00:06:21	01:00:22	
315	15	EMILIO GARCIA ALDONZA	CATAM- 115	02:14:16	00:06:22	02:13:50	00:06:21	01:00:22	BOTIJOS TEAM
316	21	JOSE MARIA MARTIN GUZMAN	CATAM- 116	02:14:26	00:06:23	02:14:02	00:06:22	01:02:24	TEAM RUN&GO
317	335	HUGO GOMEZ RODRIGUEZ	GENM- 158	02:14:35	00:06:23	02:14:11	00:06:22	00:59:24	
318	102	RUBEN ÁLVAREZ MANILLA	GENM- 159	02:14:36	00:06:23	02:14:27	00:06:23	00:58:04	
319	343	JOSE MANUEL MATEOS GORDON	CATBM- 34	02:16:02	00:06:27	02:15:44	00:06:27	00:59:19	LYNZE
320	50	OSCAR DE LA HUERGA	CATAM- 117	02:16:30	00:06:29	02:16:10	00:06:28	01:00:39	CORRECAMINOS TENERIFE TEAM
321	181	HUGO GIRÓN CLEMENTE	GENM- 160	02:17:59	00:06:33	02:17:43	00:06:32	00:59:09	
322	268	ASHER FERNANDEZ MERAYO	GENM- 161	02:18:00	00:06:33	02:17:44	00:06:32	00:59:09	
323	280	JONATHAN TEMPLETON	GENM- 162	02:18:58	00:06:36	02:18:33	00:06:34	00:59:37	
324	508	FERNANDO SUAREZ CARRIL	CATBM- 35	02:23:14	00:06:48	02:22:47	00:06:47	00:59:21	
325	471	SERGIO ESTEBAN BARRIOS	GENM- 163	02:23:37	00:06:49	02:23:17	00:06:48	00:59:13	SITRAMA DE TERA
326	149	JUAN CARLOS PORTO LOPEZ	CATAM- 118	02:26:19	00:06:57	02:25:54	00:06:55	01:06:01	

327 409 CHRISTIAN PARRA LOMBARDEO GENM- 164 02:28:44 00:07:03 02:28:38 00:07:03 00:56:08

## FEMENINO

PtoSex	Dorsal	Nombre	PtoCat	T_Oficial	RitmoKm	T_Real	RitKmReal	CONTROL	Club
1	490	EVA SOFIA LUNA	GENF- 1	01:24:52	00:04:02	01:24:52	00:04:02	00:39:17	MALGOR PISTA Y CAMPO
2	430	JOANA FILIPA PEREIRA MONTEIRO	GENF- 2	01:27:36	00:04:10	01:27:36	00:04:10	00:40:48	ADAS-PROINOR
3	86	LOURDES VAZQUEZ-DIEZ RODRIGUEZ	CATAF- 1	01:33:51	00:04:27	01:33:46	00:04:27	00:42:37	
4	53	LARA ENRIQUE CRIADO	GENF- 3	01:40:46	00:04:47	01:40:39	00:04:47	00:46:37	TEAM RUN&GO
5	431	FATIMA DE JESUS DOS SANTOS	CATAF- 2	01:42:19	00:04:51	01:42:03	00:04:51	00:48:36	MAMBAGYM
6	454	MARIA PEREIRA FERREIRO	GENF- 4	01:42:55	00:04:53	01:42:44	00:04:53	00:47:43	CLUB MONTEPENARUBIA LUGO
7	446	ISABEL FELGAR LOPEZ	CATAF- 3	01:43:42	00:04:55	01:43:30	00:04:55	00:48:36	PASA OU ENTORNA
8	319	PILAR RODRIGUEZ TRINCADO	GENF- 5	01:45:14	00:05:00	01:44:54	00:04:59	00:48:35	
9	395	MARTA ALVAREZ GARCIA	CATBF- 1	01:46:12	00:05:03	01:45:53	00:05:02	00:50:18	RECREO RUNNING
10	179	RUTH RONDÓN DE JESÚS	GENF- 6	01:47:44	00:05:07	01:47:26	00:05:06	00:50:24	CORRECAMINOS PONFERRADA
11	264	ANA ISABEL RODRIGUEZ VARONA	CATAF- 4	01:47:54	00:05:07	01:47:50	00:05:07	00:49:13	MUY INDEPENDIENTE
12	285	PATRY RODRIGUEZ RODRÍGUEZ	GENF- 7	01:47:58	00:05:08	01:47:44	00:05:07	00:50:51	
13	447	ALBA AGUIÓN TARRÍO	GENF- 8	01:48:06	00:05:08	01:48:00	00:05:08	00:50:27	ATLETISMO UNIVERSIDADE DE VIGO
14	363	RAKEL DIAZ	CATAF- 5	01:48:42	00:05:10	01:48:42	00:05:10	00:49:03	
15	17	TAMARA PACIOS RODRIGUEZ	GENF- 9	01:48:53	00:05:10	01:48:33	00:05:09	00:51:16	RADIKAL BIERZO TEAM
16	355	OLGA PAZ SEÑORANS	GENF- 10	01:49:02	00:05:11	01:48:51	00:05:10	00:50:16	MONTEPENARUBIA LUGO
17	84	CAROLINA FERNANDEZ ALVAREZ	CATAF- 6	01:49:34	00:05:12	01:49:21	00:05:11	00:52:27	CHANWAS
18	468	ELENA DOMÍNGUEZ GONZÁLEZ	CATAF- 7	01:50:30	00:05:15	01:50:24	00:05:14	00:51:01	AVIVA SPORT CLUB
19	20	SILVIA TORREJÓN GONZÁLEZ	GENF- 11	01:51:07	00:05:16	01:50:46	00:05:15	00:51:45	
20	420	ZORAIDA LOJO ABANQUEIRO	GENF- 12	01:52:32	00:05:21	01:52:18	00:05:20	00:52:11	S.D. BARBANTIA RODA
21	217	PILAR DOMINGUEZ SOULT	GENF- 13	01:53:44	00:05:24	01:53:37	00:05:24	00:51:30	TEMPLARIUM
22	126	LILIANA PARDO BELÓN	GENF- 14	01:55:47	00:05:30	01:55:33	00:05:29	00:52:43	
23	142	LETICIA PEREZ PAREDES	GENF- 15	01:56:16	00:05:31	01:56:02	00:05:30	00:54:11	
24	317	MARINA RAMON LOPEZ	GENF- 16	01:56:59	00:05:33	01:56:34	00:05:32	00:53:25	
25	271	MARÍA JESÚS GARCÍA JIMÉNEZ	CATAF- 8	01:57:47	00:05:35	01:57:24	00:05:34	00:55:29	
26	427	JUDIT DE JESUS VIESCA	GENF- 17	01:59:21	00:05:40	01:58:57	00:05:39	00:56:05	
27	197	VANESA FERNANDEZ ALVARES	GENF- 18	02:00:08	00:05:42	01:59:47	00:05:41	00:56:48	TITANESL DEL SIL
28	135	ELENA CUELLAS	GENF- 19	02:00:15	00:05:42	01:59:53	00:05:41	00:56:16	CROSSFIT PONFERRADA
29	151	TAMARA OCHOA RUIZ	GENF- 20	02:01:27	00:05:46	02:01:05	00:05:45	00:56:16	
30	13	ANA SENRA CAAMAÑO	GENF- 21	02:01:59	00:05:47	02:01:35	00:05:46	00:56:49	RADIKAL BIERZO TEAM
31	3	PATRICIA CASAR DIAZ	GENF- 22	02:02:59	00:05:50	02:02:32	00:05:49	00:54:08	
32	494	NEREA MORALES RODRÍGUEZ	CATAF- 9	02:03:49	00:05:53	02:03:34	00:05:52	00:58:22	CLUB DE ATLETISMO LA DESPENSA DE FER
33	124	CRISTINA NOELIA OLVEIRA ACUÑA	CATAF- 10	02:04:13	00:05:54	02:03:47	00:05:53	00:57:07	

34	8	BEGOÑA PRIETO ROJO	CATAF- 11	02:05:49	00:05:58	02:05:35	00:05:58	00:56:57	
35	228	ELICIA MARIA PERTEJO PASCUAL	CATAF- 12	02:06:09	00:05:59	02:05:51	00:05:58	00:58:33	LA VIRGEN RUNNER'S - CORRECALLEJEROS
36	141	AROA NATAL VICENTE	GENF- 23	02:06:58	00:06:02	02:06:46	00:06:01	00:58:03	NO HAY GÜEVOS TIN
37	495	SUSANA HERNANDEZ SECO	GENF- 24	02:09:03	00:06:07	02:08:41	00:06:06	01:00:04	
38	266	PILAR CONSTENLA VILLANUEVA	CATBF- 2	02:09:06	00:06:08	02:08:50	00:06:07	00:58:32	RUNNINGPARATODOS-TEAM BOTILLOS DEL
39	385	BEATRIZ JIMÉNEZ LÓPEZ	GENF- 25	02:09:23	00:06:08	02:09:04	00:06:08	00:59:11	
40	450	MARIA TERESA CHAVES REDONDO	GENF- 26	02:13:55	00:06:21	02:13:40	00:06:21	01:02:19	SD BARBANTIA RODA
41	193	ROSARIO HERNÁNDEZ DOMÍNGUEZ	CATAF- 13	02:14:26	00:06:23	02:14:02	00:06:22	01:02:31	
42	334	BEGO DIAZ ALVAREZ	CATAF- 14	02:14:35	00:06:23	02:14:11	00:06:22	00:59:24	XIXON RUNNERS
43	344	LUCIA MATEOS CAMINO	GENF- 27	02:16:02	00:06:27	02:15:43	00:06:26	00:59:20	LYNZE
44	383	ESTHER GARCÍA RODRÍGUEZ	CATAF- 15	02:16:08	00:06:28	02:15:49	00:06:27	01:00:53	
45	263	ALICIA ANA COUCE FALCÓN	CATBF- 3	02:26:44	00:06:58	02:26:18	00:06:57	01:06:00	
Desc	381	ROISE ANTONIETA TORO VIDAL	CATAF-Desc	01:41:39	00:04:50	01:41:14	00:04:48		
Desc	500	PAULA FERNÁNDEZ	GENF-Desc	01:32:11	00:04:23	01:32:08	00:04:23		
Desc	88	LORENA RAMOS MORALES	GENF-Desc	01:34:56	00:04:30	01:34:48	00:04:30	00:45:02	

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